

CALIFORNIA STATE RETIREES



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MAY 2018

CSR Lobby Day 2018



CSR hosted another successful Lobby Day at our state capitol. Over 100 members arrived in Sacramento for the two-day event. Lobby Day 2018 focused on protecting your earned pensions and affordable health benefits. We know that defined pensions and affordable health care are the keys to retirement security for state retirees. These benefits are earned and are not

entitlements. Along with this clear message about pension protection CSR members also advocated legislators to support the passing of AB 1912 (Rodriguez)-a bill CSR strongly supports-which seeks to ensure that public agencies keep their pension promises to their employees.

At the beginning of the week, CSR hosted a Lobby Day training for CSR members at the Doubletree

Hotel led by our legislative advocate, Ted Toppin. Toppin reviewed lobbying protocol and the importance of strategic and uniform messaging for meetings with legislators and staff the following day. We were lucky to have CalPERS Board of Administration member David Miller in attendance at the dinner following our training session. CSR endorsed Miller in the 2017 CalPERS Member-At-Large election. Miller spoke to our members about the current state of CalPERS and his newly elected role on the board.

On Wednesday, Lobby Day attendees boarded buses and headed to the capitol. The group posed for a few professional and fun (see above!) photographs captured by Bryan Patrick Photography.

By 9 a.m., members arrived inside the capitol and positioned themselves in the basement to begin final preparations for their full day of scheduled meetings with legislators representing their specific districts.

CSR Lobby Day was a great opportunity to share CSR's perspective and the importance of retirement security with legislators and staff. The time spent in each office was short but valuable. Members briefly discussed CSR issues, outlined their concerns and asked the legislator his/her views. While not all legislators agreed, it was an opportunity to offer a different perspective, respectfully. Over time, our goal is to offer a consistent message and hope to inspire legislators to support that message.

We are thankful to all of those who spent their valuable time traveling to Sacramento and advocating for issues important to CSR. Our annual Lobby Day is a wonderful opportunity to support fellow retirees. If you are interested in attending, please contact your chapter president and look for more information come January 2019!

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RETIREES REACT:

If you could witness any event of the past, present or future, what would it be?

The views expressed are those of the respondents.

Send your letters to csrinfo@calretirees.org or to CSR Newspaper 1108 O St., Suite 300, Sacramento, CA 95814.



Past: Lincoln giving the Gettysburg Address. A riveting book on Lincoln (Donald David 1995) gave me insight that Lincoln was keenly aware this victory was a crucial turning point in the Civil War-the Union would be saved.

A lot hung on winning including power, wealth and sovereignty. Would the fledgling nation tumble over a precipice or survive? Our superpower status today is partly due to our consolidation as a nation-50 states, the District of Columbia and our territories. I'd like to see his mood, expression, and demeanor-could he foresee his assassination? I think so. His brilliant Constitutional amendments to apply federal law (13th, 14th & 15th) to abolish slavery in the Confederate states meant the loss of status and wealth to slaveholders which was no small feat. I'd like to see my parents cross paths around 1954 on Howard University's campus for the first time-he a business major, Navy man tempered by the Korean war and Veteran of two world tours of duty while

getting his education from the GI Bill. She a graduate student of DC Teachers College. Touching!

Present: America resolves the Federal Reserve issue: we must take control of our currency and end the national debt, it's run amok.

Future: Mars habitation, woman U.S. President. America has the chops to get it done.

Cessaly D Hutchinson
Chapter 165
Decatur, GA

"I have been a Christian for more than 50 years. I would love to have had an opportunity to meet and worship Jesus Christ either before or after his resurrection! What an absolute and total thrill to meet and speak with the one and only God of the universe and everything!"

Doug Olson
Chapter 14
Chattaroy, CA



Please answer this question:

Do you own any interesting animals? If so, tell us about them!

Send your comments by May 25, and they may be printed in the June 2018 edition of the *California State Retiree* newspaper. A jpg or photograph of yourself is encouraged, but not required.

Emails and jpgs may be sent to: csrinfo@CalRetirees.org or mail your response and a photograph to: CSR Newspaper Staff, 1108 O St., Suite 300, Sacramento, CA 95814.

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NEWS

Everything you need to know about the new Medicare cards (but beware of scams)

In April, the government will start sending out new Medicare cards, launching a massive, yearlong effort to alter how 59 million people enrolled in the federal health insurance program are identified.

Historically, Medicare ID cards have been stamped with the Social Security numbers of members — currently, about 50 million seniors and 9 million people with serious disabilities. But that's been problematic: If a wallet or purse were stolen, a thief could use that information, along with an address or birthdate on a driver's license, to steal someone's identity.

For years, phone scammers have preyed on older adults by requesting their Medicare numbers, giving various reasons for doing so. People who fall for these ruses have found bank accounts emptied, Social Security payments diverted or bills in their mailboxes for medical services or equipment never received.

The new cards address these concerns by removing each member's Social Security number and replacing it with a new, randomly generated 11-digit "Medicare number" (some capital letters are included). This will be used to verify eligibility for services and for billing purposes going forward.

Such a major change can involve bumps along the way, so there will be a transition period during which you can use either your new Medicare card or your old card at doctors' offices and hospitals. Both should work until Dec. 31, 2019.

If you forget your new card at home, your doctor's staff should be able to look up your new Medicare number up at a secure computer site. Or, they can use information that's already on file during the transition period.

"We've had a few people contact us and ask 'If I don't have the new card at a doctor's appointment, does that mean my provider won't see me?'" said Casey Schwartz, senior counsel for education and federal policy at the Medicare Rights Center. "That shouldn't be an issue."

Cards will be sent to people covered by Medicare on a rolling basis over a 12-month period ending in April 2019. Older adults in Alaska, California, Delaware, the District of Columbia, Hawaii, Oregon, Pennsylvania, Virginia and West Virginia will be the first to receive the mailings, between April and June, along with several U.S. territories — American Samoa, Guam and the Northern Mariana Islands.

The last wave of states will be

Kentucky, Louisiana, Michigan, Mississippi, Missouri, Ohio and Tennessee, along with Puerto Rico and the Virgin Islands.

"If your sister who lives in another state gets her card before you, don't fret," the Federal Trade Commission explained in a new alert. Since the cards are going out in waves, "your card may arrive at a different time than hers."

If you think Social Security might not have your current address, call **1.800.772.1213** or check your online Social Security account at <https://www.ssa.gov/myaccount/>, the FTC advised.

When you get your new Medicare card, don't throw your old one in the trash. Instead, put it through a shredder or "spend time cutting it up with a pair of scissors" to make sure the part showing your Social Security number is destroyed, said Amy Nofziger, a fraud expert for AARP.

Those numbers remain sought-after by scammers, and AARP and Senior Medicare Patrol groups tell of receiving fraud reports related to Medicare cards since last year.

In one scam, reported by California's Area 1 Agency on Aging, a caller purporting to represent Medicare or another government agency claims to need

continued on page 13

UPCOMING EVENTS 2018

May 15 & 16 (Tuesday & Wednesday)

CalPERS Board of Administration meeting,
Lincoln Plaza North, 400 P St.,
Sacramento

May 28 (Monday)

Memorial Day-HQ closed

CSR Election timeline: Page 9



**SALUTING THE VETERANS
MEMORIAL DAY**

CSR Bill Watch

Support

AB 315 (Wood) Requires that all pharmacy benefit managers (PBMs) be registered with the Department of Managed Health Care (DMHC) and that PBMs periodically disclose information regarding the cost changes associated with pharmaceuticals in order to increase transparency and address the issue of escalating drug prices. The author is still working on amendments. **STATUS: Senate inactive file.**

AB 1912 (Rodriguez) Would require that member agencies of a Joint Powers Authority (JPA) that contract with CalPERS for retirement benefits be jointly and severally liable for the retirement obligations of the JPA. This bill will protect the employees and retirees of these JPAs by ensuring that their retirement benefits will be paid in full, as promised, even if the JPA dissolves or terminates their contract with a pension system. **STATUS: Awaiting hearing in assembly appropriations committee.**

SB 62 (Jackson) Would enact the Affordable Senior Housing Act of 2017, which establishes the Affordable Senior Housing Program within GO-Biz, as part of

the Economic Revitalization Act. **STATUS: Two-year bill.**

SB 1124 (Leyva) Would establish new procedures for all CalPERS-covered employees in cases where there has been a miscalculation in their pensionable benefits. Will protect the retirement security of CalPERS members because they will not be required to repay benefits based on a miscalculation by CalPERS or employers. **STATUS: Awaiting hearing in senate appropriations committee.**

SB 1166 (Pan) Would require a CalPERS contracting agency that fails to make their required employer contributions on time to notify their active and retired members of the delinquency within 30 days. Will ensure that retirees and employees of the agency are aware of their employer's failure to make a payment, and that their pensions may be at risk. **STATUS: Awaiting hearing in senate appropriations committee.**

Oppose

SB 1031 (Moorlach) Would prohibit CalPERS from making cost-of-living adjustments to retirees and beneficiaries for any year in which the system's unfunded actuarial liability is greater than 20

percent. **STATUS: Failed passage in senate public employment and retirement committee, reconsideration granted.**

SB 1032 (Moorlach) Would authorize an agency that contracts with CalPERS to terminate at the agency's will, and would not require the agency to fully fund the pension liability upon termination of the contract. Members' pension benefits would be reduced based on the terminated agency's percentage of unfunded liability. Outrageous attempt to legalize ability for public employers to step away from pension obligations to their employees. **STATUS: Failed passage in senate public employment and retirement committee, reconsideration granted.**

SB 1149 (Glazer) Would create an optional defined contribution plan for new state employees who are eligible to become CalPERS members but choose not to make contributions to CalPERS. Threatens retirement security of new employees, undermines CalPERS for all employees and retirees. **STATUS: Failed passage in senate public employment and retirement committee, reconsideration granted.**



Ted Toppin

SCA 8 (Moorlach) Would permit a government employer to reduce retirement benefits that are based on work not yet performed by an employee regardless of the date that the employee was first hired. Constitutional elimination of the "California Rule." **STATUS: Awaiting hearing in senate public employment and retirement committee.**

SCA 10 (Moorlach) Would prohibit a government employer from providing public employees any retirement benefit increase until that increase is approved by a 2/3 vote of the electorate of the applicable jurisdiction. **STATUS: Awaiting hearing in senate public employment and retirement committee.**

Active members of California State Retirees were mailed ballots in contested chapter races to vote for retiree chapter officers and delegates for CSR Delegate Assembly. Please note, chapters 16 and 21 did not receive ballots as all offices were uncontested.

Balloting material was sent from our election vendor, California Elections Company, whose name and address appear below the CSR logo on the official election balloting material envelope. Balloting material appears slightly different

It's time to VOTE!

than in past years so be sure to read all material carefully. Voting instructions can be found in two locations, on the yellow return envelope and on the blue secret ballot envelope.

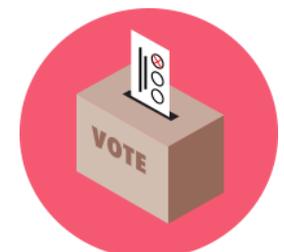
The deadline to return ballots for chapter officers and delegates is no later than

5 p.m. on May 21, 2018.

It is important to remember the number of delegates listed may change because the number of delegates a chapter is entitled to is based on the number of active chapter members in good standing 120 days prior to Delegate Assembly. CSR's

Delegate Assembly will take place on Monday, Oct. 22 and Tuesday, Oct. 23 at the Hilton Arden West, 2200 Harvard Street, Sacramento, CA 95815.

For more information, please call CSR HQ at **888.808.7197** or **916.326.4292** or email **CSRinfo@CalRetirees.org**.



MEMBERS ON THE MOVE



District G Director Gaspar Luna Oliveira, CSR President Tim Behrens, CalPERS Board Member David Miller, CSR HBC committee member Mark Hynum, CSR Executive Vice President Stephanie Hueg, and CSR Vice President Jay Jimenez at CSR Lobby Day training in Sacramento.



CSR Chapter 20 President M. Cora Okumura, CSR Chapter 12 President-Elect Linda Currie and CSR District A Director Sharon Stoltzman talk during dinner at CSR Lobby Day training in Sacramento.



CSR members have fun together at the Lobby Day dinner. L-R Chapter 1 Treasurer Digna Laureano, CSR CFO Jerry Fountain, Rachel Mendoza and her husband Chapter 26 Vice President Henry Mendoza, Harry McDaniel, Finance committee member Ophelia Rabanal, John Easley IV, Ron Garcia, and Chapter 31 President V. Raylene Laverentz.



CSR members visit the Senate chambers on Lobby Day courtesy of Senator Steven Bradford with a welcome to boot! L-R Emma Johnson, Chapter 4 President Marta Zaragoza, Patricia Williams, Delores Cousar, Char Gonzalez and Chapter 20 Treasurer Gaylon Mayo.



Beverly Waller-Whorton, Chapter 23 President Bobbi Estrada and District C Director Mary McDonnell review their Lobby Day schedule at the California state capitol.



CSR members prepare for Lobby Day at the state capitol. L-R Karen Hight, Esther Pagulayan, Seid Ferlows and Boi Do.

MEMBERS ON THE MOVE



Chapter 8 President Veronica Avila, Joan Hume and Chapter 8 Treasurer Patti Falk walk through the halls of the capitol on Lobby Day.



CSR members working together at the state capitol on Lobby Day. L-R: Victor Dubose, Arlene Espinoza, Chapter 16 Vice President Marina Estrada, Chapter 16 President Evie Poppa-McKenna, Chapter 2 President Louie Espinoza, Kathleen Dubose, CSR PAC Chair Dick Mesa and youngest Dubose-and honorary CSR member.



Chapter 20 President M. Cora Okumura, District A Director Sharon Stoltzman and Norma Gallegos take a rest in between meetings at the capitol on Lobby Day.



Luanna Laverentz, Maria Bauer, Huldah Prudhome and Chapter 31 President V. Raylene Laverentz catch up before lunch on Lobby Day.



CSR District E Director Keith Umemoto, Chapter 1 Treasurer Digna Laureano, Nicholas Vigil and Chapter 1 President Carol Bowen meet with staff from Assemblyman Rob Bonta's office.



Chapter 16 President Evie Poppa-McKenna, District B Director Susanne Paradis and CSR Executive Vice President Stephanie Hueg discuss the future of pension and health benefits.

CSR's Retired Annuitant Program

Do you want a part-time state job? Be ready if the state starts hiring

If you need extra money or like the idea of working again, send an application to be on the California State Retirees (CSR) Retired Annuitant Program List.

Thousands of retired annuitants lost their positions in 2008 under an executive order issued by Gov. Schwarzenegger, which was extended by Gov. Brown, but the state continues to employ around 4,000 retired annuitants in a variety of departments, according to the State Controller's Office.

CSR continues to maintain its popular CSR Retired Annuitant Program List. The names and qualifications of state retirees who belong to CSR are distributed biannually to state department officials who request them when they are hiring part-time workers.

The list is one of the many benefits our organization offers exclusively to its members.

Applicants to the

annuitant list should return the completed form to California State Retirees by Friday, June 22, 2018. The names collected during this



period will be sent to our state agency contacts in July 2018, encouraging them to consider our list when hiring retired annuitants. An application will also appear in the November 2018 issue of the *California State Retiree*. CSR will then send another list to state agency contacts in January 2019. If you've sent in your application already or applied online, you do not have to send in another application. We keep all applications on file as a convenience to our members. If you'd like to remove yourself from the list, please contact us to do so. If you'd like to apply online, visit www.calretirees.org

Where retired annuitant work

Although hiring of state retired annuitants has slowed down in recent years, there are still 3,705 retired annuitants in departments statewide, according to the State Controller's Office.

Below is a list of the 15 state departments with the most retired annuitants.

Corrections and Rehabilitation.....	368
Department of State Hospitals.....	256
Forestry and Fire Protection.....	227
Developmental Services.....	227
Transportation.....	184

Justice.....	167
Social Services.....	124
Parks and Recreation.....	124
Water Resources.....	128
Fish and Wildlife.....	107
Consumer Affairs.....	93
CA Exposition and State Fair.....	70
Department of Public Health.....	76
Employment Development Department.....	77
Corrections of Rehabilitation/CCHCS.....	50

PLEASE PRINT OR TYPE

05/2017

Supplemental Retired Annuitant Application

Yes, I would like to be considered for a temporary job with the state. I understand the information I provide here will be sent by California State Retirees to all state departments, and it is up to the interested employer - not California State Retirees.

Last four digits of Social Security Number _____

Name _____
last first

Phone _____ Email _____

Address _____

City _____ State _____ Zip _____

Most recent job classification _____

Do you type? Yes No Do you have computer experience? Yes No

Last two state classifications:

2. _____

3. _____

Location where you want to work (Check one only)

This form must be received at California State Retirees no later than June 23, 2018.

Area	Counties
<input type="checkbox"/> Los Angeles	Los Angeles
<input type="checkbox"/> San Diego	San Diego
<input type="checkbox"/> Southern Coast	San Luis Obispo, Santa Barbara, Ventura
<input type="checkbox"/> South Central Valley	Imperial, Inyo, Mono, Orange, Riverside, San Bernardino, Kern (east of the Tehachapi Mountains)
<input type="checkbox"/> Bay Area	Alameda, Contra Costa, Marin, Monterey, Napa, San Benito, San Francisco, San Mateo, Sonoma, Santa Clara, Santa Cruz, Solano
<input type="checkbox"/> Central Valley	Amador, Calaveras, Fresno, Kings, Madera, Mariposa, Merced, San Joaquin, Stanislaus, Tuolumne, Tulare, Kern (west of the Tehachapi Mountains)
<input type="checkbox"/> Sacramento Area	Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, Yuba
<input type="checkbox"/> Northern California	Butte, Del Norte, Glenn, Humboldt, Lake, Lassen, Plumas, Mendocino, Shasta, Siskiyou, Tehama, Trinity

RETURN THIS FORM TO: Attn: Retired Annuitant Program, California State Retirees, 1108 O St., Suite 300, Sacramento, CA, 95814

PLEASE NOTE: If you sent in your application in November or applied online, we have your application on file. There is no need to reapply. If you sent us an application and would like to be removed from our list, please send an email to csrinfo@calretirees.org or call 916-326-4292.

2018 STATEWIDE OFFICERS ELECTION

A Statewide Officers Election will be held at Delegate Assembly on October 23, 2018, in Sacramento. Delegates present and voting will elect the President, Executive Vice President, Vice President and Chief Financial Officer/Secretary for a new three-year term. Nominations are currently being accepted and any active member in good standing is eligible to run for office. If you are interested in running for a statewide officer position, cut out this form, complete it and submit it to CSR Headquarters. **If you would like your 200 word candidate statement published in the September 2018 CSR newspaper, submit both your candidate form and 200 word statement to CSR Headquarters by August 15, 2018.** Contact Headquarters by phone (888) 808-7197 or email CSRInfo@CalRetirees.org with any questions.

CALIF ORNIA STATE RETIREES

2018 STATEWIDE OFFICERS ELECTION | CANDIDATE CONSENT FORM

PLEASE PRINT FULL NAME AS IT IS TO APPEAR ON THE BALLOT

I, _____, self-nominate and/or consent to be a

Candidate for the office(s) of _____/Delegate

Name Chapter No: Last 4 SS# or Member ID #

Address: City: Zip Code:

Telephone No: E-mail:

Candidates may submit a brief, factual, biographical statement of no more than **200 words** regarding their qualifications. Such biographical statements must be received in the Corporate Office by August 15, 2018, to be printed in the September 2018 CSR newspaper. Specifics on candidate statements will be provided to candidates upon nomination acceptance. The contents of these statements must be in accordance with approved guidelines.

Signature: Date:

CALIFORNIA STATE RETIREES
2018 Election

CHAPTER OFFICERS & DELEGATES | ELECTION TIMELINE

Feb. 28: Chapters finish holding Open Nominations Meetings. Last day to self-nominate and submit a candidate consent form by 5:00 p.m.

April 20: Deadline for the corporate office to mail ballots.

June 11: Election protest deadline. A protest must be in writing and postmarked or received at Headquarters by 5:00 p.m.

**FEBRUARY
2018**

**MARCH
2018**

**APRIL
2018**

**MAY
2018**

**JUNE
2018**

March 1: Deadline to notify the corporate office of chapter candidates, including unopposed candidates.

March 26: Deadline for candidates to submit their 100-word statement for inclusion with the ballot. Statements must be at the corporate office by 5:00 p.m.

May 21: Deadline for return of ballots.

May 30: Deadline for candidates to be notified of the election results.

CALIFORNIA STATE RETIREES
2018 Election



California State Retirees Member Application

(Print) Last Name First Name Initial Social Security No. Chapter No.

Number and Street City State Zip Code

Retirement Date (MM-DD-YY) Home Phone Email

From Which State Agency did you Retire?

How Did You Hear about Us? Recruiter's Name

Type of Membership (check one)

Retired Membership Available to state retirees only. See Dues Table.

Associate Member Available to persons not eligible for Retired membership. Dues are \$72.00 per year (payable annually).

I hereby apply for membership in California State Retirees, an affiliate of the California State Employees Association, and I authorize CSR to withhold dues from my monthly PERS allowance. I understand my membership rights are set forth in the CSR and CSEA bylaws, policies and procedures. As a member of CSR, I agree to abide by the CSR bylaws, policies and procedures.

Signature _____

Date (MM-DD-YY)

Dues Table for Retired Members	
Monthly PERS Allowance (Base + COLA)	Monthly Dues
\$0 - \$399	\$1.00
\$400 - \$799	\$2.25
\$800 - \$1,199	\$3.25
\$1,200 - \$1,599	\$5.00
\$1,600 - \$1,899	\$6.50
\$1,900 - \$2,299	\$8.00
\$2,300 - \$2,699	\$8.50
\$2,700 - \$3,099	\$9.00
\$3,100 - \$3,499	\$9.50
\$3,500 - \$3,999	\$10.00
\$4,000+	\$12.00

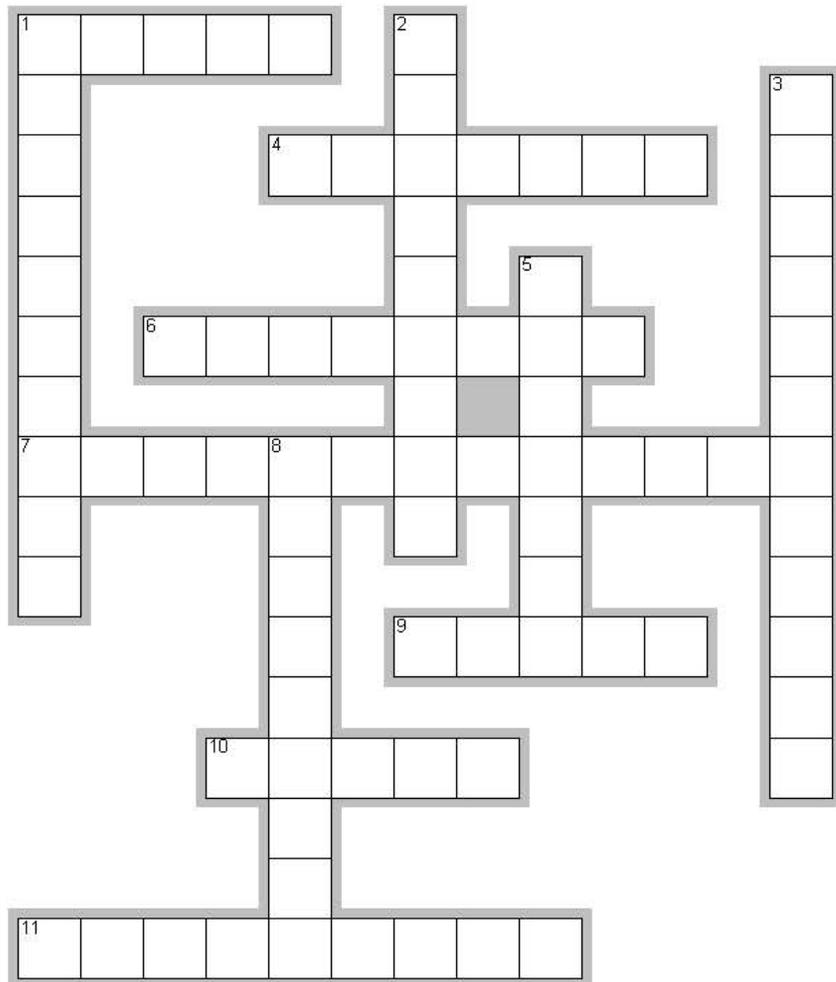
Office Use Only

To join, please fill out the application completely and mail it back in an envelope to:

California State Retirees • 1108 O Street, Suite 300 • Sacramento, CA 95814

www.CalRetirees.org/joinus

3981a



ACROSS

1. A day-to-day record of events, thoughts, feelings and personal activities
4. A book of general information including facts, records, calendar and weather
6. A collection of recipes and cooking tips
7. A book that a person writes to tell the story of his own life
9. A book of maps
10. A story in which animals speak and act like humans that also includes a lesson or moral at the end
11. A story of the adventures of make-believe characters such as wizards, fairies and dragons (2 words)

DOWN

1. A book of words with definitions, pronunciations and word origins, arranged in alphabetical order
2. A book of related cartoons that tell a story (2 words)
3. A short rhyme of children that often tells a story
5. An account of events and observations, usually less personal than a diary
8. The story of a person's life, written by another person

ANSWERS ON PAGE 15



Taco Pie

Ingredients

- 1 (8 ounce) package refrigerated crescent rolls
- 1 pound ground beef
- 1 (1 ounce) package taco seasoning mix
- 1 (16 ounce) container sour cream
- 8 ounces shredded Mexican-style cheese blend
- 1 (14 ounce) bag tortilla chips, crushed



Directions

Preheat oven to 350 degrees F (175 degrees C). Lay crescent dough flat on the bottom of a square cake pan and bake according to package directions. Meanwhile, brown the ground beef in a large skillet over medium high heat. Add the taco seasoning and stir together well. When dough is done, remove from oven and place meat mixture on top, then layer with sour cream and cheese, and then top off with the crushed nacho chips. Return to oven and bake at 350 degrees F (175 degrees C) for 10 minutes, or until cheese has melted.

FIND US ONLINE OR VISIT WWW.CALRETIRES.ORG



If you need the CSR logo, please email csrinfo@CalRetirees.org

CALIFORNIA
STATE RETIRES

SAVVY SENIOR

How to find great volunteer vacations

Dear Savvy Senior,

My husband and I are approaching retirement and are interested in learning more about volunteer vacations. Can you give us some information on this travel option, and refer us to some good organizations that offer these types of trips.

Love to Travel

Dear Love,

If you're looking to do more on your next vacation than relax in the sun or go sightseeing, volunteer vacations – also known as voluntourism – which combine travel and volunteer work, are a great alternative and a growing trend among retirees.

Volunteer Vacations

There are many organizations today that offer short-term volunteer vacation projects in the U.S. and abroad, lasting anywhere from a few days to a few weeks.

Common program themes include teaching English, working with children and teens, building and repairing homes and schools, and assisting with community or environmental projects.

In addition, volunteer vacations also give travelers the opportunity to experience the culture more fully and connect with the local people – much different than your run-of-the-mill sightseeing vacation.

Most volunteer vacation groups accept singles, couples and families



and you don't need to speak a foreign language. Costs usually range from around \$1,000 to \$3,000 per week, not including transportation to the country your site is in. Fees typically cover pre-trip orientation information, room and board, on-site training, ground transportation once you get there, the services of a project leader, and a contribution to the local community that covers material and services related to the project. And, if the organization running your trip is a nonprofit, the cost of your trip, including airfare, is probably tax-deductible.

Where to Look

While there are many organizations that offer volunteer vacations, here are some good ones that attract a lot of retirees.

- **Global Volunteers (GlobalVolunteers.org):** A pioneer in global travel, this group tackles hunger, poverty and educational needs. It offers a variety of one, two

and three-week service programs in 17 countries, including the U.S.

- **Earthwatch Institute (Earthwatch.org):** With an emphasis in environmental conservation and research, they offer dozens of one and two-week expeditions in countries all over the world.

- **Cross-Cultural Solutions (CrossCulturalSolutions.org):** Based in New Rochelle, NY, they focus on health, education, and economic volunteer opportunities in Central and South America, Europe, Asia and Africa.

- **Biosphere Expeditions (Biosphere-expeditions.org):** Offers wildlife conservation expeditions in 13 countries.

- **Habitat for Humanity (Habitat.org):** Offers international house-building trips through its Global Village Program in more than 40 countries.

- **Sierra Club (Sierraclub.**



Send your senior questions to:
Savvy Senior, P.O. Box 5443
Norman, OK 73070
or visit SavvySenior.org

org): This venerable environmental group sponsors dozens of service trips in the U.S. each year, with more projects offered through local chapters.

How to Choose

With so many different volunteer vacations to choose from, selecting one can be difficult. To help you decide, you need to think specifically about what you want. For example: Where you want to go and for how long? What types of work are you interested in doing? What kind of living situation and accommodations do you want? Do you want to volunteer alone or with a group? Do you want a rural or urban placement? Also consider your age and health. Are you up to the task, or do you have any special needs that will need to be met?

Once you figure out what you want and spot a few volunteer vacations that interest you, ask the organization to send you information that describes the accommodations, the fees and what they cover including their refund policy, the work schedule and work details, and anything else you have questions about. Also, get a list of previous volunteers and call them.

CSR members: We want your photos!



For a chance to be featured in our Members on the Move section of the *California State Retiree*, please send CSR HQ your photos! Photo ideas: chapter meetings, political events CSR-related activities, community affairs, holiday events, "then and now" photos, and more. Get creative. We want to feature you! Please send your photos to csrinfo@CalRetirees.org or mail them to: CSR Newspaper Staff, 1108 O St., Suite 300, Sacramento, CA 95814.



Sign up for the
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www.castateretirees.org/csrnewsletter

To Your Health



By Larry Woodson, CSR Health Benefits Committee chair

A lot has been going on with CalPERS Health Benefits. CalPERS staff is currently negotiating with insurers to set premium rates for 2019. Preliminary rates will be released at the May Pension and Health Benefits Committee (PHBC) Meeting. CSR will attend and likely will give public comment. I anticipate they will be unacceptably high and hopefully will be adjusted downward when final rates are released in June. This was the pattern last year. There are a number of forces at play, which should keep rates in check, but one decision by CalPERS portends what could result in a large increase for higher cost plans.

Several months ago, CalPERS officially abandoned their practice of “risk adjustment” for 2019 rates. This is a tool they use to analyze the makeup of each plan’s member pool, factoring in age, wellness, illness, high cost procedures, etc. CalPERS then lowers the highest

cost plan rates and raises the lowest cost plan rates to achieve greater parity among them. This practice mitigates financial penalty for plans which are taking on higher risk patients.

I raised concerns about this decision at the Stakeholders Briefing on April 12. CalPERS Staff explained their rationale was the vast majority of members would see a premium decrease, while a very small percentage would see an increase. This explanation is misleading. It ignores that for most members, the minor increases for lower cost plans with risk adjustments are fully covered by CalPERS’ monthly premium contributions. CSR members would see no personal financial gain from decreasing premiums for those plans. CSR is concerned the results will be higher premiums for PersCare and some other higher cost plans, and they will exceed the monthly CalPERS contribution. This would force members to make up the difference. I gave public comment regarding our concerns before CalPERS Board members on April 17 and CSR will continue to engage.

An update on OptumRx: as I have reported, there has been improvement regarding the number of complaints, but I am still receiving some. When I raise them to OptumRx managers, they are very responsive and often are able to resolve member problems. However, when individual problems

are resolved, often the underlying systemic problems at the core are slow to be fixed.

I want to highlight a specific complaint and resolution which has broader implications for many retirees. There is a new vaccine drug for shingles which the Center for Disease Control (CDC) recommends called Shingrix. The CDC says it is a more effective vaccination (90 percent) than Zostavax (38-70 percent effective). The CDC recommends everyone over age 50 get this vaccine even for those who previously had the Zostavax vaccine.

One of our members not yet on Medicare asked if it would be covered by the OptumRx plan. He found it was not on the Basic Plan formulary. Another place on their website said he would be fully covered. When he spoke with a customer service representative, he was told it was not covered and the full cost was \$138 per vaccination (two are recommended.) Ultimately, he contacted me, and I received clarification from OptumRx:

According to OptumRx, Shingrix is covered on the Medicare Part D OptumRx formulary as a Tier 2 drug with a \$20 copay. It does not show up on the basic formulary because it is only covered for persons who are between 50-64 years old. However, it does show up on the OptumRx home page under “Resources”: CalPERS Vaccine FAQs as a covered vaccine. Confusing enough? The good news

is for the age group 50-64 there is \$0 copay for basic plan members of PersCare, Choice and Select.

You must ensure your pharmacy is a member of the OptumRx Vaccine Immunization Network or find one that is. Always consult your doctor regarding the need for this vaccine before proceeding, even though at some pharmacies a prescription is not required.

As a result of our contact, OptumRx has put out a bulletin to all customer service representatives clarifying for whom this drug is covered and to run a “trial claim” for covered members who call inquiring about it. A trial claim is a real time inquiry the representative does with you on the phone, based on the data you provide.

When the preliminary health plan rates for 2019 are released, I will include links to them in my next column.

MEMBERS WITH PRESCRIPTION PLANS OTHER THAN OPTUMRX, SUCH AS THE KAISER PLAN WILL NEED TO CHECK WITH THEM ABOUT COVERAGE FOR SHINGRIX.



Website:

www.calpers.ca.gov

Phone: 888.CalPERS or
888.225.7377

TTY: 877.249.7442

Fax: 800.959.6545

Hours: Monday - Friday
8 a.m. to 5 p.m.



Have you moved?
Don't miss an issue of
the
*California State
Retiree!*

To update your information,
please call us at
916.326.4292 | 888.808.7197
or email
csrinfo@calretirees.org

Welcome aboard new members!

Now that you have become a member of the largest and most experienced state retiree organization in California, we want to properly welcome you aboard.

California State Retirees (CSR) has 26 different chapters statewide, and there is one just right for you. Members who don't specify which chapter they want to be in are automatically placed in the chapter within their zip code. Just let us know if the chapter you have been assigned is where you want to stay.



A phone call to your chapter president or a visit to your chapter's next meeting is the best way to become acquainted with everything CSR has to offer. Check out pages 14 and 15 for the phone and email information of your chapter president. Each chapter encourages new members to attend their meetings, where state retiree issues are discussed; a variety of speakers appear and lunch is served. At some chapters, new members receive complimentary lunches.

Chapter 1

Katherine Hardy
Elaine Lawless Baker
Nancy Shimer
Suk Szeto
Stephen Williams

Chapter 2

Jennifer Bawden
Beth Christopherson
Cheryl Clements
Michael Cunningham
Rita Deering
Kelli Dominguez
Robert Gilbert
Dianal Gasper
Jacqueline Henderson
Eddie Juniel
Aaron King
Gene Larson
Linda Louie
Patricia Morgan
Eric Owens
Christopher Parrish
Stephanie Reed
Valli Reed
Daisy Sagun
Ruben Solis-Ochoa
Paul Thompson
Le Wilson

Chapter 3

Erlinda Gabriel
Edison Wong

Chapter 4

Luz Castellon
Melodee Fullenwider
Charles Marshall
Celestine Smith

Chapter 5

Robin Stai

Chapter 6

Delores Ballou
Nancy Fu
Luisa Hawkins
Theodore Jackson
John Martin
Annetta Musgrove
Maxine Ohle
Jodi Ramirez
Victoria Siraj
Rebecca Vasquez
George Webb

Chapter 8

Shanna Del Grande
Karen Moulton
Linda Sabot
Sharon Seward

Linda Spencer
Diane Tomar

Chapter 9

Deborah Brown
Viveca Corzantes
Susie Diaz
Juanita Gonzalez
Gayle Savarese
Madonna Tuason
Sabina Yi

Chapter 10

Randall Blackwell
Launnie Ginn
Lisa Rutherford

Chapter 11

Toni Carmona
Jose Gutierrez
Nancy Rodriguez

Chapter 12

Diane Bemboom
David Gonzalez

Chapter 14

Mario Chandrakumar
Barbara Paquin

Chapter 15

Patricia Coldiron
Lieutenant Coopwood
Karen Doyle
Linda Madden
Karen Shores
Susan Younger

Chapter 16

Alonzo Jordan
Sonia Serrano

Chapter 17

Bonnie Akashian
Virginia Bowers
Joanne Ericson
Susan Liepman
Charles Rennie
Debora Schmidt

Chapter 19

Deborah Carrillo

Chapter 20

Holly Kim
Lillian Lewis
Richard Manly

Chapter 21

Eden Cox
Robert Craine
Karen May
Ivon Pitti
Lilia Reyes

Lisa Tolbert
Chera Van Burg
David Vincent
Pattie Woody

Chapter 23

Paulino Herrera
Joan Reid
Hien Truong

Chapter 26

Shelly Carson
David Robinson
Valerie Silbernagel-Schultz
Terri Switzer

Chapter 34

Leroy Fischer

Chapter 35

Diane Culver
Holly Martinez
Erik Wasse

Chapter 36

Leslie Strauss

Chapter 165

Larry Bishop
Penny Maddox
Vicky Rasser
Anna Recio
Cheryl Riesenhuber
Rhonda Riley

Don't fret if you joined CSR but don't see your name here. Processing at CalPERS, the State Controller's Office and CSR can take a few months. Check again for your name within the next two months.



New Medicare cards

continued from page 3

your bank account information so Medicare can arrange a direct deposit of funds into your account. The new Medicare cards are used as an excuse for the call.

In another, circulating in Iowa, scammers are threatening to cancel seniors' health insurance if they don't give out their current Medicare card numbers. "We're telling people, don't ever give someone this number — just hang up," said Nancy Ketcham, elder rights specialist at the Elderbridge Agency on Aging, which serves 29 counties in northwestern Iowa.

A month ago, Alfonso Hernandez, 65, who lives in Moreno Valley, Calif., received a call from a man who told him, in Spanish, that Medicare was going to issue new cards and that he needed to verify some information, including Hernandez's name, address and Social Security number.

"I said no, normally, I don't give my Social Security number to anyone," Hernandez said. At that point, the caller put his "supervisor" on the phone, who said the government needed to make sure it had correct information. Caught off guard, Hernandez recited his Social Security number and, "as soon as I did that, they hung up."

"Immediately, I'm like 'oh my God, what did I do,'" said Hernandez, who quickly contacted credit agencies to have them put an alert on his account. "I just keep praying that nothing happens."

Just last week, California's Senior Medicare Patrol program received a report of another scam detected in Riverside County: a caller claiming that before a senior can get a new Medicare card, he or she has to pay \$5 to \$50 for a new "temporary" card, according to Sandy Morales, a case manager with the program.

Nofziger of AARP said a Medicare representative will never contact an older adult by phone or email about the new cards and will certainly "never ask for money or personal information or threaten to cancel your health benefits." The new Medicare cards are free and you don't need to do anything to receive one: They're being sent automatically to everyone enrolled in the program. Don't give out any information to callers who contact you by phone, she advised.

If you suspect fraud, report it to the FTC, AARP's fraud help line, **1.877.908.3360**, or your local Senior Medicare Patrol program.

If you're among nearly 18 million seniors and people with serious disabilities who have coverage through a Medicare Advantage plan, keep the card that your plan issued you. Medicare Advantage plans are offered by private insurance companies, which have their own way of identifying members. Similarly, if you have prescription drug coverage through Medicare — another benefit offered through private insurance companies — keep your card for that plan as well.

This story was produced by Kaiser Health News, which publishes California Healthline, an editorially independent service of the California Health Care Foundation.

CHAPTER MEETING NOTICES

CHAPTER 1

ALAMEDA/CONTRA COSTA COUNTIES

President: Carol Bowen, (510) 527-5131, csrchapter1@gmail.com; **Vice President:** Stella Torrez; **Treasurer:** Digna Laureano *Meets in April, August and December unless otherwise announced*
Meeting: TBA. For more information, contact Carol Bowen.

CHAPTER 2

SACRAMENTO/YOLO AREA

President: Louis Espinoza, (916) 397-2526; **Vice President/Membership:** Phyllis Johnson, (209) 471-2192; **Treasurer:** Kathleen Elwell, (916) 395-3717; **Secretary:** Dianne Welsh, (916) 682-7810

Meets on the first Monday of every month, unless otherwise announced

Meeting: Monday, June 4, 11 a.m. to noon, Lunch; official meeting starts at noon. **Where:** Sierra 2 Center, 2791 24th St., Sacramento. **Menu:** Caesar salad, grilled chicken, bread and chocolate chip cookie. Veggie: tossed salad with feta cheese crumble. Vegan and gluten free by pre-order only. **Cost:** Members eat free. \$3 for guest's payable by sponsor at sign-in upon arrival. **Reservations are required:** Please RSVP by May 21 at 5 p.m. Contact Phyllis Johnson from 8:30 a.m. to 8:30 p.m. only at the number listed above. **Note:** Meals cannot be served without a reservation. **For additional information:** Contact Phyllis Johnson at the number listed above-voice mail messages encouraged.

CHAPTER 3

WEST BAY AREA

President: Skip Charbonneau, (415) 648-4946; **Vice President:** Al Darby, (925) 788-6068; **Secretary:** Cora Fernandez, (650) 952-4885; **Treasurer/Chapter Membership Chair:** Erlinda Villa (415) 407-7905, aida.b.villa@gmail.com; **Chapter Legislative Chair:** Robert Lehman, (415) 584-5434

Usually meets on the second Friday of June, September and December
Meeting: Friday, June 8, 11:30 a.m. **Where:** United Irish Cultural Center, 2700 45th Ave., San Francisco. **Menu:** Fillet of sole or baked ham. **Cost:** \$10 for members and \$12 for guests. **Reservations are required:** Please contact Erlinda Villa. **Note:** Meals cannot be served without a reservation. **For more information:** Contact Skip Charbonneau at the number listed above.

CHAPTER 4

GREATER LOS ANGELES

President: Marta Zaragoza, (310) 204-0484; **Vice President:** Vacant;

Secretary: Meryl David, (323) 939-0620; **Treasurer:** Virginia Griffin, (323) 290-3655. **Note:** If you need transportation to a meeting, please call Meryl at the number above at least three days prior to a meeting.
Meeting: Thursday, June 21, 11:30 a.m. **Where:** Taix Restaurant, 1911 Sunset Blvd., Los Angeles.

CHAPTER 5

CENTRAL VALLEY FOOTHILLS

President: Barbara Powers, (209) 482-7647; **Vice President:** Al Lara, (209) 825-5285 **Membership Chair:** Anita McCabe (209) 602-7775.

Usually meets after each CSR Board meeting

Jackson

Meeting: TBA.

CHAPTER 6

SAN BERNARDINO/RIVERSIDE COUNTY

President: Erlinda Ochoa, (909) 822-4128; **Vice President:** Paul Sims, (909) 618-3696; **Secretary:** Patsy Hollis, (909) 862-7615; **Treasurer:** Jacqueline Carr, (909) 874-8955

Meetings are held quarterly

Meeting: Thursday, June 14, 11 a.m. to 2 p.m. **Where:** Sizzler, 9860 Sierra Ave., Fontana. **Cost:** Members eat free. Guests pay \$10.50 **Reservations:** Not required.

CHAPTER 8

NORTH COAST AREA

President: Veronica Avila, (707) 954-3631, veronicacupcake57@gmail.com; **Vice President:** Vacant; **Secretary:** Vacant; **Treasurer:** Patti Falk, (707) 445-1196, pmfalk@earthlink.net.

Meetings are usually held quarterly

Humboldt

Meeting: TBA.

Del Norte

Meeting: TBA.

CHAPTER 9

LOS ANGELES AREA

President: Raelene Allard, (323) 221-6010, raeleneallard@ymail.com; **Vice President/Membership:** Luanna Allard, (323) 227-4287, estebanos@sbcglobal.net; **Secretary/Treasurer:** Donna Hernandez, (562) 405-1387, donnacooker@msn.com.

Usually meets on the second Wednesday of each month

Meeting: Wednesday, May 9, 10 a.m. executive board meeting, lunch 11 a.m., general meeting 12 p.m. **Where:** Sizzler, 15252 East Rosecrans Blvd., La Mirada. **Cost:** Chapter pays \$15 per member. Guests pay for themselves. **Reservations:** Not required.

CHAPTER 10

SAN LUIS OBISPO

President: Vic Martinez, (805) 239-

3397; **Vice President:** Ranell Bailey, (805) 610-4400; **Secretary:** Pearl Cole, (805) 489-5194; **Treasurer:** Marc Laxer, (805) 546-8470.

Meets on the fourth Thursday of January, April, July and October
Meeting: Thursday, July 26, 10:30 a.m. **Where:** TBA. **For more information:** Call any officer above.

CHAPTER 11

MID VALLEY

President: Christy Christensen-Fountain, (559) 707-7067; chrschrs90@aol.com; **Vice President:** Joyce Jarrett, (559) 348-7845; **Treasurer:** Gigi Subilosky, (559) 269-5380; **Secretary:** Claudine Edwards-McDougall, (559) 696-2628.

Usually meets the first Wednesday of March, June, September and December

Meeting: Wednesday, June 6, 11:30 a.m. **Where:** Pardini's, 2257 West Shaw Ave., Fresno. **Program:** We will have updates on CalPERS health care benefits and pensions. Al Lara, yoga instructor, teaches SilverSneakers, will provide tips on movement exercise that will help improve balance. Lance Sanchez from Life Hearing Center will share what assistance can be provided for hearing impairments. Nick Sanchez from Compassionate Care Home Health Agency will share services available. Kristin Fountain from OptumRx will provide helpful updated information. We will be accepting donations of socks (any size and style) for an extra contribution ticket! **Menu:** Chef's choice. **Cost:** \$10 each for members and spouses; \$15 for each nonmember. **Reservations are helpful:** Please call (559) 920-7277 or (559) 707-7067 if you have any questions.

CHAPTER 12

EASTERN MOUNTAIN AND HIGH DESERT AREAS

President: Caryl Cole, (760) 247-8962, carylcole@verizon.net; **Vice President:** Stephanie Pryzbeski-Gilbert, (661) 537-3811, stefva22@hotmail.com; **Secretary:** Jayne Gerber, (760) 240-4134, jayne.gerber@hotmail.com; **Treasurer:** Linda Currie, (661) 273-6390, lcurrie197@roadrunner.com.

Usually meets on the second Tuesday of even months

Note: Meeting date change

Meeting: Wednesday, June 12, 11:30 a.m. **Where:** Olive Garden, 12330 Amargosa Rd., (across the parking lot from Macy's) Victorville. **Program:** Plan to attend and bring a friend. **For more information:** Contact Caryl Cole at the number/email listed above.

CHAPTER 13

NO. CALIFORNIA/REDDING

President: Robert Black, (530) 722-

0511, bob_linda@charter.net; **Vice President:** Warren Schlatter, (530) 605-1588, kandws2@gmail.com; **Secretary:** Audrey Sandeen, (530) 221-3500, theswede8243@gmail.com. **Treasurer:** Georgene Gibson, (530) 529-0277, rbjeepman10@hotmail.com; **Chapter Membership Director:** Ed Huey, (530) 246-9456, csrchapter13@gmail.com.

Usually meets on the third Monday of every month

Meeting: Monday, May 21, noon. Arrive at 11:30 a.m. if you're ordering a meal. **Where:** Country Waffle, 2300 Athens Ave., Redding. **Menu:** Order from menu. **Cost:** Free to members and associates. **Reservations:** Not required.

CHAPTER 14

NORTHERN CALIFORNIA/CHICO

President: Vincent Herrera, (916) 804-6613, tberreta@yahoo.com; **Vice President:** Vacant **Secretary:** Kenneth Mayer, (530) 519-2897, toddmayer@comcast.net.

Usually meets on the third Wednesday of every month

Meeting: Wednesday, May 16, 11 a.m. **Where:** Creative Catering, 2565 Zanella Way, Chico. **Program:** Guest speaker Dick Mesa, CSR Political Action Committee Chair, will speak on the committee's work on political issues effecting CSR members. **Reservations required:** RSVP by May 11. **For more information:** Call, text or email Vincent Herrera. **Lassen/Plumas Subchapter**

Meets on the first Tuesday in April, June, August and October

Meeting: Tuesday, June 5, 11:30 a.m. **Where:** Diamond Mountain Casino, 900 Skyline Drive, Susanville. **Reservations are required.** **For more information:** Contact one of the following volunteers: Darlene Hunter at (530) 251-2053, darlenehunter14@frontier.com or Carol Van Amburg at (530) 254-6891, carolvan60@frontiernet.net

CHAPTER 15

SIERRA FOOTHILLS

President: Joann Stewart, (916) 412-2075; **Vice President:** Marla Gadbois, (916) 359-0697, marlagadbois@outlook.com; **Treasurer:** Marshall Conner, mconner139@gmail.com; **Secretary:** Frank Weinstein, (916) 223-5957, ch15secretary@hotmail.com. *Meets on the first Tuesday of even months*

Meeting: Tuesday, June 5, 1 p.m. to 4 p.m. **Where:** Auburn Sizzler, 13570 Lincoln Way, Auburn. **Program:** TBA. **Cost:** Free to members, \$18 for guests. **Reservations:** Not required. **For more information:** Contact Frank Weinstein at the number/email listed above.

CHAPTER 16

SAN JOAQUIN COUNTY

President: Evelyn (Evie) Poppa-McKenna, (209) 608-2149, suzzypoppa@yahoo.com; **Vice President:** Marina Estrada, (928) 592-7087; **Secretary/Treasurer:** Sheila Ward-Shaw, (209) 915-1020, sheilaws2@yahoo.com.

Usually meets three times annually on the third Friday of March, July and November 2018

Meeting: TBA.

CHAPTER 17

GREATER SAN DIEGO

President: Diane Whorton, (619) 467-7861, dlw.union@gmail.com; **Vice President:** Steve Haley, (619) 441-8769, raceready@usa.net; **Secretary:** Gloria Koch, (619) 455-1917, kochgloria303@gmail.com; **Treasurer:** Elaine Edwards Yahraus, (619) 435-4044, eyahraus@gmail.com.

Usually meets on the first Thursday of even months

Meeting: Thursday, June 7, Lunch at 11 a.m., meeting 12 p.m. **Where:** Sizzler, 3755 Murphy Canyon Drive, San Diego. (Off of I-15, take the Aero Drive exit. From north or south, go west to the signal and turn right. The entrance is at the back of the building with a parking lot.) **Program:** Margaret Brown, CalPERS Board Member, will speak. **For more information:** Please contact Elaine or Diane at the information listed above.

CHAPTER 19

NORTH COAST AREA

President: Skip Hulet, (707) 279-4643; **Vice President:** Natalie Daugherty, (707) 485-8857; **Treasurer:** Dorothea M. Parsons, (707) 462-1209; **Secretary:** Marilyn Saegert, (707) 513-8943.

Meets on the second Tuesday of February, April, August and October. The chapter and subchapter hold combined meetings in June and December

Combined Chapter and Subchapter (Lake and Mendocino counties)

Meeting: Tuesday, June 12, noon. **Where:** Ukiah Garden Café, 1090 S. State St., Ukiah.

CHAPTER 20

SAN FERNANDO VALLEY AND LOS ANGELES AREA

President: M. Cora Okumura, (818) 359-7625, mcokumura@yahoo.com; **Vice President:** Raymond Cole, (818) 898-9613, flipcole@yahoo.com; **Treasurer:** Gaylonn Mayo, (310) 897-7950, gaylonn28@gmail.com; **Secretary/Membership Chair:** Norma Gallegos, (818) 667-2347, norma.2005@gmail.com; **PAC Chair:** Charlene Gonzalez, (818)

CHAPTER MEETING NOTICES

317-1327, chargkitty@gmail.com
Meeting: Wednesday, May 16, 9:30 a.m. **Where:** Sizzler Restaurant, 7131 Van Nuys Blvd., Van Nuys. **Cost:** No charge for first time member attendees; members pay \$4; all others pay for their own meals. **For more information:** Please contact any chapter officer at the numbers/email listed above.

CHAPTER 21

SONOMA, MARIN, NAPA AND SOLANO COUNTIES
President: Donald Lehnhoff, (707) 795-9405; **Vice President:** Ron Franklin, (707) 938-2288; **Secretary:** Eric Norrbom, (707) 322-1528
Meets quarterly on the third Tuesday of the month
Meeting: TBA.

CHAPTER 23

SAN JOSE AREA
President: Barbara (Bobbi) Estrada, (408) 373-4220, bobbiestrada@gmail.com; **Vice President:** Maria Aguilar, (408) 706-0366, mdl2aguilar@yahoo.com; **Secretary:** Denise Johnson, (408) 460-1748, dpadres7919@gmail.com; **Treasurer:** Christine Jasper, (408) 373-1655, chris0521@sbcglobal.net
Usually meets in April, August and December
Meeting: Monday, June 11, 11 a.m. **Where:** Denny's Restaurant, 1140 Hillsdale Ave., San Jose. **Cost:** \$5 per member. **Reservations are required:** RSVP by June 8. **For more information:** Please contact Maria Aguilar or Bobbie Estrada at the numbers/email listed above.

CHAPTER 26

BAKERSFIELD/KERN COUNTY
President: Al Fillon, (661) 619-6181; **Vice President:** Henry Mendoza, (661) 725-8604; **Secretary:** Sue Kimbrel, (661) 589-2026; **Treasurer:** Regina Vaughn, (661) 832-6348; **Health Benefits Chair:** Rachel Mendoza, (661) 319-5943.
Usually meets on the third Thursday of each month
Meeting: Thursday, May 17, 11 a.m. **Where:** Lorene's Ranch House, 6404 Ming Ave., Bakersfield. **For more information:** Call any of the officers listed above.

CHAPTER 31

VENTURA/SANTA BARBARA
President: V. Raylene Laverentz, (805) 986-1854, cell (805) 551-2278; **Vice President/Program Coordinator:** Barbara Driscoll, (805) 487-4619; **Secretary:** Irene Fisher-Clifton, (805) 984-1579.
Meets quarterly
Meeting: Wednesday, June 13, 11:30 a.m. **Where:** Elks Club, 801 South A Street, Oxnard. **Program:** Guest speaker Margaret Brown from

CalPERS will speak. Installment of officers. **Cost:** \$10 per person. **For more information:** Please contact Raylene Laverentz at the numbers listed above.

CHAPTER 34

ORANGE COUNTY-SANTA ANA
President: Jenny Hayden, (714) 743-8423; **Vice President:** Joe Whaling, (714) 349-5393; **Secretary:** Adolfo Zavala, (714) 388-5355; **Treasurer:** Bill Serb III, (714) 826-6029; **Legislative Representative:** Anne J. Spiegel, (714) 846-5150; **Membership Chair:** Jack Vander Bruggen, (949) 857-0955.
Usually meets on the second Wednesday of every month
NOTE: There will be NO scheduled meeting for May 2018
Meeting: Wednesday, June 6, 11 a.m. **Where:** Claim Jumper, 18050 Brookhurst, Fountain Valley (in the back meeting room). **Program:** TBA. **For more information:** Call Jenny Hayden at the number listed above.

CHAPTER 35

SO. CENTRAL VALLEY PORTERVILLE AREA
President: Lou Flores, (559) 362-0689; **Vice President:** Mary McCaig, (559) 359-6069; **Secretary:** Carol Wood-Gilham, (559) 240-0272; **Treasurer:** Larry Long, (559) 781-8761.
Usually meets on the second Thursday of every month
Meeting: Thursday, May 10, 11 a.m. **Where:** El Nuevo Mexicali Restaurant, 640 N. Prospect St., Porterville. **Program:** Guest speaker Margaret Brown, CalPERS Board member, will speak. **Reservations are required:** Please contact Lou Flores at number above.
Meeting: Thursday, June 14, 11 a.m. **Where:** Santa Fe Depot/Senior Center, 280 N. Fourth Street, Porterville. **Program:** TBA. **Reservations are required:** Please contact Lou Flores at number/email listed above.

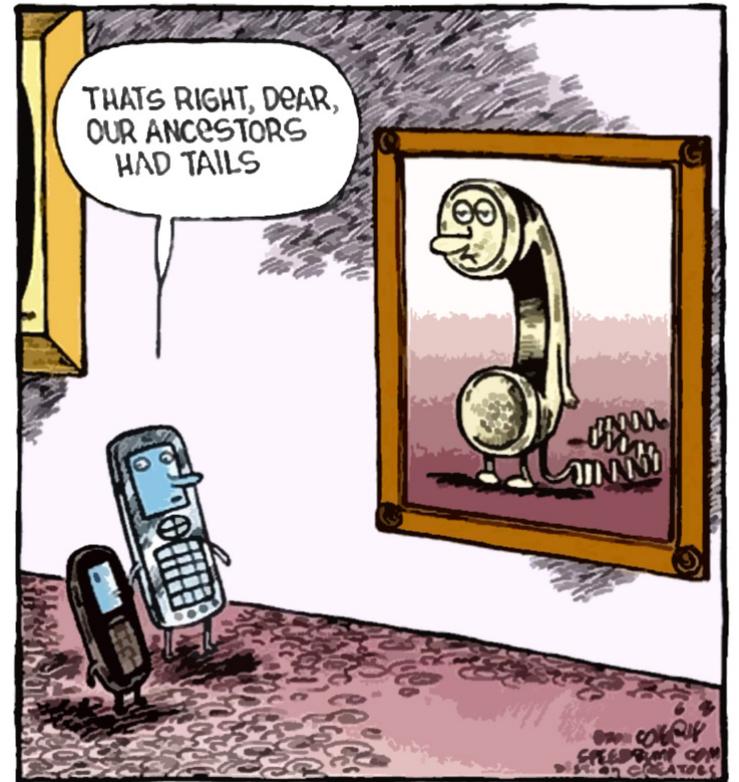
CHAPTER 36

MONTEREY BAY AREA
President: Marilyn Hamilton, (831) 809-2721; **Vice President:** Quen Quigley, (831) 261-7540, jqqsq@gmail.com; **Secretary:** Juanita Martinez; **Treasurer:** Ted Whiteneck.
Usually meets the third Thursday of even months at various locations
Meeting: Thursday, June 21, 11:30 a.m. **Where:** Salinas – Exact locations and time TBA. **Program:** New chapter officers to be installed **Menu:** Order from the lunch menu. **Cost:** Members eat free; Guest \$20. **Reservations are required:** Please

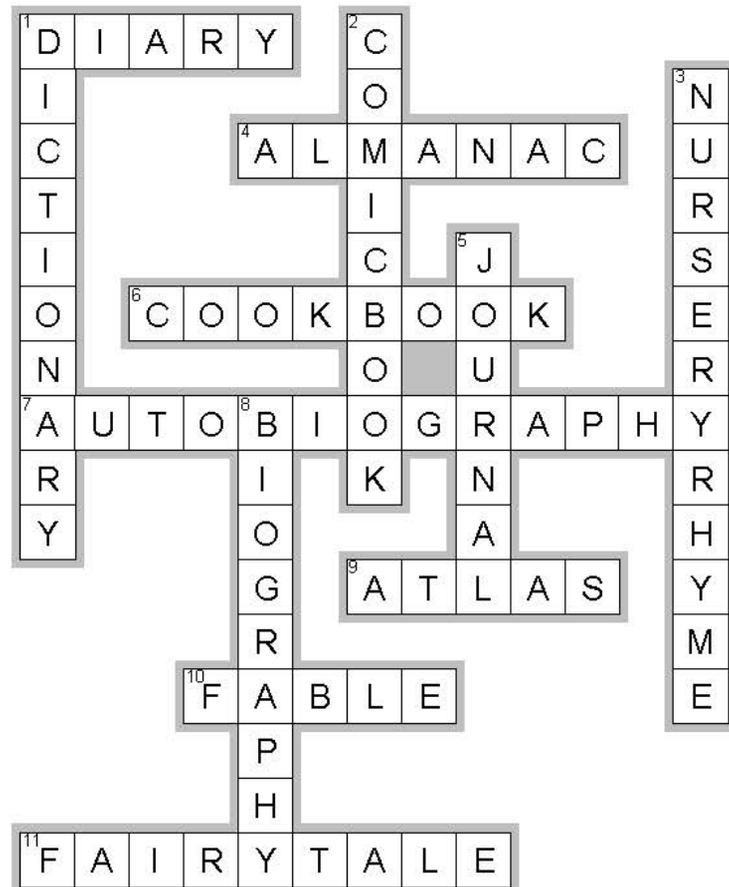
contact Quen Quigley at the number /email listed above by June 14.

CHAPTER 165

SACRAMENTO
President: David Phillips, (775) 790-5636; **Vice President:** Gail Fasciola, (916) 386-1553; **Secretary:** Bobbi Smith, (916) 308-9892; **Treasurer:** Eleanor Poole, (916) 753-4821.
Usually meets on the first Wednesday of even months
Meeting: Wednesday, June 6, 11:30 a.m. **Where:** China Buffet, 5623 Sunrise Blvd., Citrus Heights. **Program:** TBA. **For more information:** Contact David Phillips. **Washington State Contact Person:** Dan Reibson, (360) 887-3123
Medford, Oregon Subchapter
Meets on the third Thursday of even months
Meeting: Thursday, June 21, 11:30 a.m. **Where:** Elmer's Restaurant, 2000 Biddle Road, Medford, OR. **Program:** TBA. **Reservations are required:** Contact Geanie Hixon, Medford Subchapter Chair, at (541) 646-0925.

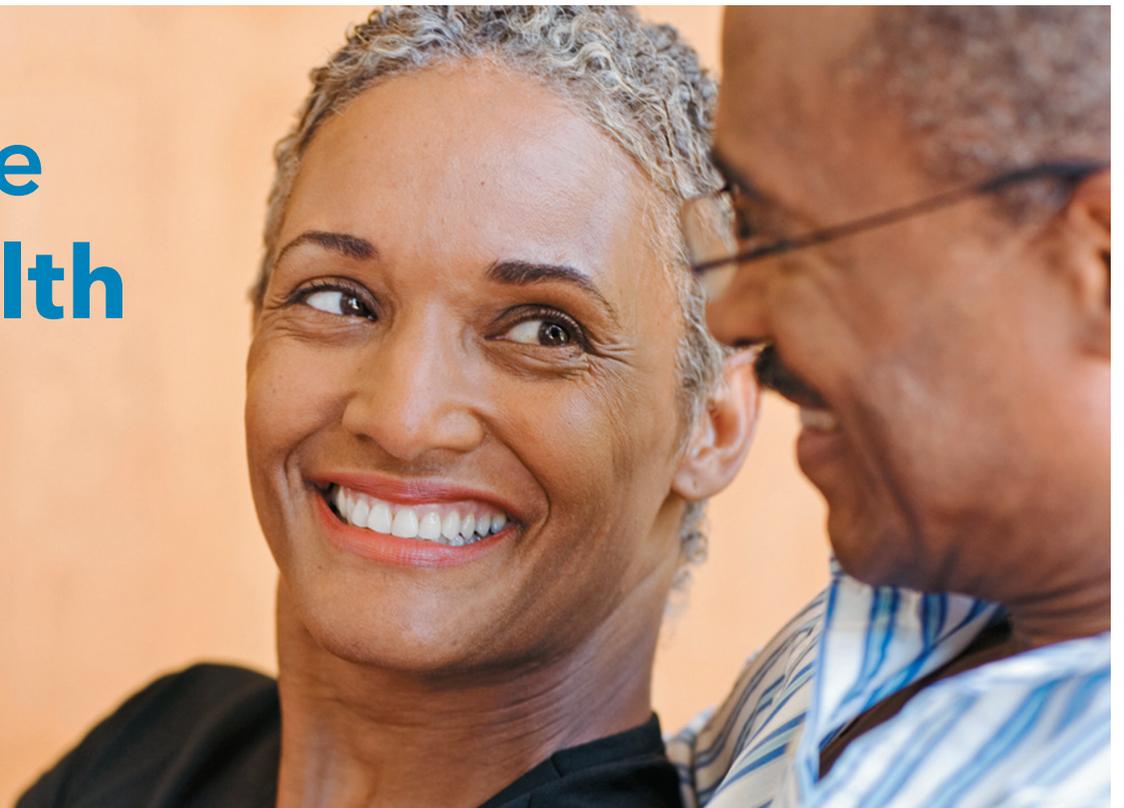


ANSWERS FROM PAGE 10



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